## Instructions for Taking the Lessons <br> Spanish, French, German, English and Hebrew

1. Double click on the CD icon. The Title screen will appear and you will briefly hear introductory music. After the music stops the Main Menu screen will automatically appear. You can bypass the musical introduction by clicking on the Main Menu button that is on the title page. The Main Menu displays the icons for the numbers, lessons, activities and exercises. Use only single clicks on these icons.

2. Clicking on the Numbers icon will display the numbers 1-10. As explained below, the numbers are to be learned prior to taking Lesson 1.
3. Each lesson consists of 10 units. Each unit has 10 pictures. There are 100 pictures or more in each lesson. Clicking on the Lesson icons displays a screen with 10 pictures on it. These pictures are the first picture of each of the 10 or more units of the lessons.

4. Clicking on the first unit displays the 10 pictures for the first unit. Clicking on the start button begins the unit. Look at each picture and listen to the audio for the picture. The respective picture is highlighted and the number below it turns red and is enlarged. The number is said one time in the foreign language. Following the saying of the number, the word, phrase, or sentence for the picture is said two times in the foreign language. For example, Unit 1 begins by clicking only once on the single-arrow start button. You will hear the number 1 said in the foreign language and the word car said two times in the foreign language. The program will continue automatically until all 10 pictures have been presented.

A. Clicking on the pause button stops the program. Clicking on the pause button a second time resumes the playing of the picture on which you paused.
B. Clicking on the single left arrow with the vertical line enables you to retake the unit at any time during the presentation of the unit.
C. Clicking on the double right arrow advances you to the next unit in the same lesson. Clicking on the double left arrow takes you to the previous unit in the same lesson.
D. For only Unit 1, of each lesson, the double left arrow is inoperative. It appears as a grey arrow.
E. Please note: During the playing of a unit, you cannot select arbitrarily a single picture. To play an individual picture in a unit, you must click the retake button and listen to all the preceding pictures. This default procedure was deliberately programmed to prevent learners from randomly clicking on single pictures. Words are learned well when they are listened to in context. Repeatedly hearing a single picture out of context will not enable you to understand or more clearly hear the audio. Hearing the words in the context of the 10 pictures of each unit will produce successful language learning. You
can, of course, replay a single picture item more than once by clicking on the pause button. The audio for the picture will replay after you click on the pause button a second time. We do not recommend repeated playing of a single picture item. The audio portion is best understood and clearly heard when presented in the context of other related items.
F. At any point in each unit, you can return to the Main Menu by clicking on the Main Menu button. When you finish Unit 10 of each lesson, click on the Main Menu button. When the Main Menu screen appears, you can click on any one of the icons that are displayed. To exit the program from the Main Menu, click on either Leave Program or Time Summary.
G. For only Unit 10, of each lesson, the double right arrow is inoperative. It appears as a grey arrow.
5. When you wish to end a session, make a written note of the screen in order to have a record of the place where you stopped. The next time you wish to use The Learnables, please refer to your written notes to remind you where you left off. For example, 3-5 means that you have completed Lesson 3, Unit 5. Next time you can begin with Unit 6 of Lesson 3, that is, 3-6.

## How to Take the Lessons

1. Before you begin, it is important to learn the numbers 1-10 in the foreign language. Click on the Numbers icon. Each number is said three times: for example, 1-1-1. Follow the numbers horizontally across the page. You will easily learn to recognize the numbers 1-10. After you listen to the complete set of numbers you may begin with Lesson 1. You hear the number 1 in the foreign language. The picture is highlighted. Then the word for the first picture item, car, is said twice in the foreign language.
2. We recommend that you take each lesson at least three to five times before you go to the next lesson. The Learnables lessons are designed so that you listen to all 10 pictures in each unit. Words and sounds are learned in context. It is often thought that to understand a picture or to hear the sounds of words, a particular picture should be played again and again. On the contrary you will learn more quickly by finishing all 10 units of each lesson before replaying the lesson. Your listening and understanding markedly improves as you hear words and sentences in the context of a series of sentences.
3. The Learnables is both a computer course and a linguistically programmed learning course. It
is not a random set of pictures. Each sequence of pictures was developed using modern language learning theory. The effectiveness of The Learnables has been carefully researched and tested on students of different ages.
4. Look at each picture and listen only to the audio recording for each sentence. DO NOT REPEAT THE WORDS OF THE SENTENCES OUT LOUD. Only Listen. Good learning comes from good listening, not from repeating. Remember not to repeat the words of the foreign language while taking the lessons. Repeating the words before you have heard them a sufficient number of times will cause you to mispronounce the words. When you first hear a new foreign word you will pronounce the word incorrectly and changing incorrectly learned productions is very difficult. For this reason, we recommend that you do not repeat the words while taking the lessons. From good listening comes good speaking. AFTER YOU HAVE TAKEN THE FIRST PROGRAM OF THE LEARNABLES YOU WILL HAVE LESSONS IN WHICH THE WORDS APPEAR BELOW EACH PICTURE. Languages which use different alphabet letters, such as Hebrew, will be taught prior to lessons in which the words appear below the pictures. There are two reasons why students should not see the words of a foreign language when they begin learning. First, research has demonstrated that when beginning students see the foreign language words they read them using English phonics. Your chances of mispronouncing the foreign words and having an English accent in the foreign language are greatly increased when reading is introduced too early. Second, when beginning language learners simultaneously hear and read a new language, they rely heavily on reading the words to convey the message. They often turn off their listening channel. They rely on text and ignore the audio input because text is permanent and can be read several times, whereas sound goes by quickly. For this reason, when reading is emphasized too early, the student does not develop good listening skills.
5. When you have completed each lesson at least three times, go to the Main Menu and take the EXERCISE for that lesson. There are ten exercise screens for each lesson. Click on the Exercise Number corresponding to the lesson you have taken and the first of the ten exercise screens will appear. There are three pictures for each exercise screen. Select the frame that corresponds to the audio presentation. You will have five seconds to respond. You will hear the audio presentation twice. (In later lessons you will hear the audio presentation only once). Select the picture that goes with the audio presentation. Place the cursor on the picture that is considered correct.

6. Upon completion of the exercise, your score will appear on the screen. A perfect score is 10. If the score is 8 that means you have missed two items. After your score appears, there is a review of the exercise. Click on the review button. You will again hear the audio presentation and a green frame will appear around all pictes that were chosen correctly. If you selected the wrong picture, a red background will highlight your incorrect response and a green frame will indicate the correct picture. If you did not select a picture, a green frame will indicate the correct picture and a red background will highlight the other two pictures. If your score is 8 or better, you are ready to take the next lesson. If your score is below 8 , we recommend that you repeat the lesson one or two more times. You will find that words become clearer each time you listen to a lesson. For example, if you are taking Lesson 8, you might review Lesson 4. You will find that Lesson 4 is easy and the words are very clear because you are adjusting well to the new language.
7. Before you exit, click on the Time Summary button that is on the Main Menu to inform you of the total time in hours, minutes, and seconds spent on the computer. Click the Print button on the Review Screen to have a copy of time spent on the computer and your scores on the exercises.

## Time Summary

## How long is each lesson?

The running time of the lessons in The Learnables averages a little over twenty minutes. Some lessons run 30 or 35 minutes. Most young adults take an entire lesson in one sitting. Generally, students take one lesson per day.

## Fast Response Instructions

Fast Response teaches you to react quickly in conversation. There are three levels in each game: Level 1, Level 2, and Level 3. You will hear a word or sentence and see five, six, or seven pictures. After you hear the word or sentence, click on the correct picture.

The number of pictures and the time to respond is different for each level.
Level 1: 5 pictures, 9 seconds to respond.
Level 2: 6 pictures, 7 seconds to respond.
Level 3: 7 pictures, 5 seconds to respond.

When the pictures come up move your mouse pointer to the picture that corresponds to the audio presentation and click your mouse. A correct response produces the sound of a bell and a green box appears around the picture. If you are incorrect a green box will appear around the correct picture. If you do not respond in the allotted time, the next set of pictures will appear.

For each correct response you will receive points. The total points that you can win is 100 .

The points you will receive are:
Level 1: 5 points for each correct response. You have 5 tires at Level 1. You must get at least 10 points to go to Level 2. Maximum points are 15.
Level 2: 10 points for each correct response. You have 5 tires at Level 2.
You must get at least 20 points to go to Level 3 . Maximum points are 30.
Level 3: 11 points for each correct response. You have 7 tries at Level 3.
Maximum points are 55.
All points are registered in the game box. At the end of the game your total points and grade are presented.

A: 90 to 100
B: 80 to 89
C: 70 to 79
D: 60 to 69
F: 68 and below

## When do I talk?

Talking develops after the student has a sufficient number of words to express ordinary concepts. With each level in The Learnables series you will increase markedly your vocabulary When you have a sufficient number of words, you can begin to express yourself in the foreign language. After four levels you will have an ability to talk about the topics that have taken
place in the lessons. The ability to talk in a foreign language does not result from practicing talking it develops from understanding the meaning of the sentences of a foreign language. Students who have taken four level of a language have reported that they have passed the Clep test enabling them to receive credit for the first year of a college language course.

